

Volunteer Opportunities at Keiro Northwest and its Programs

Keiro Northwest and Nikkei Horizons			Nikkei Manor and Kokoro Kai			Keiro Rehabilitation & Care Center	
Volunteer Opportunities	Schedule	Area/ Department	Volunteer Opportunities	Schedule	Area/ Department	Volunteer Opportunities	Schedule
Marketing Consultant	5-10 hours a week	Communication	Bus Drivers (Commercial Driver's License required)	Monday, Wed, or Friday	Kokoro Kai	Cooking Activity Assistants (Food Handler Permit required)	Saturdays Afternoons
Data Entry and Web Research Assistant	Weekly	Communication	Driver's Assistants	Monday, Wed, or Friday	Kokoro Kai	Escorting residents to and from Podiatrist, Beauty Salon or Dentist (They are all located inside of Seattle Keiro)	Wednesday morning or Thursday morning
Communications Production Assistant	Weekly, ongoing	Communication	Kokoro Kai Assistants (Food Handler Permit recommended)	Monday, Wed, or Friday	Kokoro Kai	Evening Bingo Assistants	Wednesday night except 3 rd Wed.
Photographer	Varies by event	Communication	Computer Work Assistants	Any day	Kokoro Kai & Nikkei Manor	Games (Bingo, Wii, Xbox Video Game, Table Game) Assistants	Varies
Videographer	Varies by event	Communication	Games (Bingo, Rummi Kub, Hyakunin Isshu) Assistants	Varies	Kokoro Kai & Nikkei Manor	Japanese or English Singers (Sing Along, Folk Songs / Karaoke)	Varies
Graphic Designer	On-call	Communication	One-on-one Companions	Any day	Nikkei Manor	Laundry Assistants	Any day
Activities Research Assistant	Weekly, until project is complete	Communication	Dinner Serving Assistants (Food Handler Permit required)	Any day 4:30pm – 5:15pm	Nikkei Manor	Mah Jong player	Tuesday 3:30 PM
Translators (Japanese, Chinese, Korean or Vietnamese)	On-call, ongoing	Communication	Crafting	Thursday afternoon, Sunday mornings	Nikkei Manor	Musicians/Entertainers	Any day
Living Well Event Assistant	Monday-Friday (as available)	Community Relations	Garden Care Volunteers	Any day	Nikkei Manor	One-on-one Companions	Any day
Office Assistant	Weekdays	Different Departments	Evening Bingo Assistants	Twice a month 5:45pm – 7:00pm	Nikkei Manor	Active Game (tossing balloon by badminton racket) & Exercise	Fryday & Saturday morning
Proof Reader	Quarterly	Nikkei Horizons	Singing Assistants, Piano accompanist	Saturday 10am	Nikkei Manor	Bowling game assist	Monday afternoon
Instructors (Legal, Estate Planning ...etc) in English or Japanese	One time or Quarterly	Nikkei Horizons	Weekend Activities Assistants	Saturday and Sunday	Nikkei Manor		
Continuing Education Assistant	Monday-Friday (as available)	Nikkei Horizons	Walking Escort (Uwajimaya Walk, Coffee Walk, Neighborhood Walk)	Tuesday AM, Thursday AM, Sunday PM,	Nikkei Manor		
Data Entry Clerk	4-8 hours a week	Philanthropy	Landscaper Consultant	Monday-Friday (as available)	Nikkei Manor		
Data Analyst	1-3 days a week	Philanthropy	Waitlist Data Migration Curator	Monday-Friday (as available)	Nikkei Manor		
Event Support	Event-based. One month prior to event	Philanthropy					
Bus Drivers (Commercial Driver's License required)	Varies	Transportation					
Van Drivers (Regular Washington Driver's License required)	Varies	Transportation					
Volunteer Ambassador	Event-based. Training provided	Keiro Northwest					

If you are interested in volunteering for any of these opportunities, please contact Megumi Sherrill, Volunteer Coordinator, at (206) 726-7830 or via e-mail msherrill@keironw.org. To learn about our organization, please visit www.keironorthwest.org.

