
































NIKKEI MANOR ACTIVITY MARCH 2020



1 SUN.	2 MON.	3 TUE.	4 WED.	5 THURS.	6 FRI.	7 SAT.	
10:00 Rummi Kub (3F) 11:00 Exercise (3F)  1:30 Faith Bible Church Sunday Worship Service (1F) 2:30 Ice Cream & Video (2F)	10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Watercolor with Vol. (1F) 1:45 Sing along (1F)  6:00 Table game (2F/3F)	9:45 Outing: Ride only 11:00 Exercise (3F) 1:30 Tuesday Movie (2F) "Akira Kurosawa Stray Dog" 2:30 Advance Exercise (1F) 6:00 Table game (2F/3F) 	10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Dog Visit (1F) 1:30 Guest Speaker: Minidoka History (1F)  6:00 Table game (2F /3F)	10:00 Game Time (3F) 11:00 Exercise (3F)  1:30 Buddhist Church Service (2F) 2:30 Ice Cream Social (1F) Movie: "Dark Horse" 6:00 Table game (2F/3F)	10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Music hour (1F) 1:45 Craft: Spring collage (1F)  6:00 Table game (2F/3F)	10:00 Singing (3F) 11:00 Exercise (3F) 1:00 Hyakunin Isshu (1F) 3:00 Bingo (1F)  6:00 Table game (2F/3F)	
8 SUN. 10:00 Japanese Story Reading (3F) 11:00 Exercise (3F) 1:30 Rummi Kub (2F) 2:30 Ice Cream & Video (2F) Daylight Saving Time Begins! 	9 MON. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Sing Along (1F) 1:45 Japanese Story Reading (3F) 1:45 Bowling (1F)  6:00 Table game (2F/3F)	10 TUE. 9:45 Outing: Ride only 11:00 Exercise (3F) 12:00 Natto Club (1F)  1:30 Tuesday Movie (2F) "Ramen Shop" 2:30 Advance Exercise (1F) 6:00 Table game (2F/3F)	11 WED. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 UCDS students visit (1F) Singing with Volunteers (2F) 1:45 Sensory game (2F)  6:00 Table game (2F/3F)	12 THURS. 10:00 Game Time (3F) 11:00 Exercise (3F) 1:30 Afternoon Video (2F) "Leave it to Beaver" 5:45 Evening Bingo (1F) 	13 FRI. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Kokoro Kai New Year Party (1F) 6:00 Table game (2F/3F)	14 SAT. 10:00 Singing (3F) 11:00 Exercise (3F) 1:30 Haiku (1F)  3:00 Bingo (1F) 6:00 Table game (2F/3F)	
15 SUN. 10:00 Japanese Story Reading (3F) 11:00 Exercise (3F)  1:30 Faith Bible Church Sunday Worship Service (1F) 2:30 Ice Cream & Video (2F)	16 MON. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Sing Along (1F) 1:45 Shuji (1F) ~Japanese Calligraphy~ St. Patrick's day Special (2F) 6:00 Table game (2F/3F)	17 TUE. 9:45 Sakura Walk at UW  11:00 Exercise (3F) 12:00 St. Patrick's Luncheon (1F) 1:30 Tuesday Movie (2F) "Royal Wedding" 2:30 Advance Exercise (1F) 6:00 Table game (2F/3F)	18 WED. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 March Birthday Party (1F) ~Cloud Nine Singers concert~  6:00 Table game (2F/3F)	19 THURS. 10:00 Game Time (3F) 11:00 Exercise (3F) 1:30 Buddhist Temple Service (2F) 2:30 Kobe Nursing school students visit and Ice Cream w. students (1F)  6:00 Table game (2F/3F)	20 FRI. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Relay game (1F) 1:45 Gentle Yoga (1F)  Table game (2F) 6:00 Table game (2F/3F)	21 SAT. 10:00 Singing (3F) 11:00 Exercise (3F) 1:00 Hyakunin Isshu (1F) 3:00 Bingo (1F)  6:00 Table game (2F/3F)	
22 SUN. 10:00 Rummi Kub (3F) 11:00 Exercise (3F)  1:30 Hirata Children Violin Concert (1F) 2:30 Ice Cream & Video (2F)	23 MON. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:30 Rummi Kub (2F)  6:00 Table game (2F/3F)	24 TUE. 9:45 Outing: Sakura ride  11:00 Exercise (3F) 1:30 Resident Council Meeting (1F) 2:30 Advance Exercise (1F) 2:30 Tuesday Movie (2F) "Tora san His tender love" 6:00 Table game (2F/3F)	25 WED. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F)  1:00 UCDS students visit (1F) Singing with Volunteers (2F) 1:45 Croquet / Gate ball (2F) 6:00 Table game (2F/3F)	26 THURS. 10:00 Game Time (3F) 11:00 Exercise (3F) 2:30 Ice Cream Social (1F) Movie: "Casablanca" 3:00 Country Store (1F)  5:45 Evening Bingo (1F)	27 FRI. 10:00 Tea (1F) Game (1F/2F) 11:00 Exercise (1F/2F) 1:00 Horseshoe game (1F) Brain Exercise (2F) 1:45 Sing along (1F)  6:00 Table game (2F/3F)	28 SAT. 10:00 Singing (3F) 11:00 Exercise (3F) 1:00 Hyakunin Isshu (1F) 3:00 Bingo (1F) 6:00 Table game (2F/3F)	
29 SUN. 10:00 Sunday Craft (1F)  11:00 Exercise (3F) 1:30 Rummi Kub (2F) 2:30 Ice Cream & Video (2F)	30 MON. 10:00 Tea (1F) Games (1F/2F) 11:00 Exercise (1F/2F) 1:00 Sing along (1F) 1:45 Chair dance (1F) Card making with vol. (2F)  6:00 Table game (2F/3F)	31 TUE. 9:45 Outing: Ride only 11:00 Drug Store Shopping 11:00 Exercise (3F) 1:30 Tuesday Movie (2F) "Musashi Miyamoto" 2:30 Advance Exercise (1F) 5:00 Natto Club (1F) 6:00 Table game (2F/3F)	All Outings, PLEASE SIGN UP AT THE FRONT DESK! Tuesday Outing: 3/03: Ride only "Alki beach" 3/10: Ride only "Golden Garden Park" 3/17: Sakura Walk in UW campus 3/24: Sakura Ride around U district 3/31: Ride only "Volunteer park" 11:00 Drug Store shopping *may change it due to the weather 			Daylight Saving Time starts on Sunday 3/8 Spring Forward!! 	

Some of the Activity schedule may be changed during the month. Please see the daily schedule. Thank you for your understanding.